



Lanchester E.P. (Cont) Primary School

School No. 3213

Head: Mrs J Davis BA (Hons)

Tel: 01207 520436

Front Street
Lanchester
Durham
DH7 0HU

A Caring Community Where All Can Flourish

Year 1 Mindfulness Club: Starting Wednesday 7th November 2018

Mindfulness Club for pupils in Year 1 will be taking place after school on Wednesdays, finishing at 4.30 pm, led by Miss Butler. The children will be taken straight to the club at the end of the day by their teachers and will be led out of school at 4.30 pm by Miss Butler. This club will be limited to 20 pupils. If more than 20 pupils put their names down, names will be randomly selected.

We will send a text to the parents of those who have a place on Monday 5th November.

Day	Wednesday
Time/Duration	School finishing time - 4.30pm
Venue	Lanchester EP Primary
Group Leaders	Miss Butler

Please complete the slip below and return to the school office.

Year 1 Mindfulness Club Reply Slip

My child would like to attend the Year 1 Mindfulness Club, starting on **7th November**. I will make arrangements to collect them from school at 4:30pm on Wednesdays.

Name of child: _____ Class: _____

Signed: _____ (Parent/Guardian)