# **PGL** Itinerary



## Monday 28<sup>th</sup> June 2021

Arrive for school as normal. All cases and bags to be left in the Junior Hall.

Named medication and medication forms to be handed to Mrs Chambers.

Named purses with loose change to be handed to Mrs Coyle.

Coaches depart approximately 10 a.m. Year 5 and Year 6 will be on separate coaches.

All children need a packed lunch.

Electronic devices can be taken for the journey to and from the centre but will be taken from the children on arrival.

Arrive at the centre around 3 p.m.

### Friday 2<sup>nd</sup> July

Depart from Caythorpe at around 2 p.m.

Arrive at school for approximately 7 p.m.

Arrival time will be confirmed late afternoon and tweets posted.

#### Day Time Activities (8 groups)

- Rock Climbing
- Problem Solving
- Abseiling
- Vertical Challenge
- Sensory Trail
- Giant Swing
- Canoeing
- Raft Building
- Zip Wire
- Survivor
- Buggy Building
- Orienteering
- Trapeze

#### **Night Time Activities**

- Camp Fire
- Wacky Races
- Cluedo
- Passport to the World

#### <u>Staff</u>

- Mr Knighton Mr Taylor Mr Keeton Mr Stephenson Mr Gill Mr Graham
- Mrs Davis Mrs Coyle Miss Rutherford Mrs Chambers Mrs O'Halloran

# <u>KIT LIST</u>

- Nightclothes
- Several Changes of Underwear (5 or 6 changes)
- At least 4 thick jumpers/fleeces/hoodies/sweatshirts
- At least 6 pairs of old trousers strong, loose-fitting trousers or tracksuit bottoms (not jeans)
- 1 or 2 complete changes of clothes for the evenings
- Shorts
- Several T-Shirts (at least 4)
- One long-sleeved t-shirt
- Socks (several pairs) long socks not 'trainer' socks are required for some activities
- At least 2 pairs of trainers (including 1 old pair for wet activities)- not open-toes
- Shoes for wet or muddy activities canvas / plastic / old trainers
- Waterproof Jacket
- Baseball Hat/Cap/Sun Hat
- Swimwear
- Slippers/Indoor Footwear
- Bath Towel
- Hand Towel
- Large Towel for swimming and wet activities
- Waterproof cagoule/jacket
- Warm jacket/fleece

You also need to bring:

- Sleeping Bag
- Pillow and Pillowcase
- Labelled strong bin bags for wet/muddy clothes and spare clothes
- Toilet bag, shampoo, soap, toothpaste, brush, comb, lipsalve, handkerchiefs etc Please do not bring spray deodorants or hair-sprays as these set off the sensitive fire alarms
- Sun Tan Lotion
- Plastic water bottle
- Bin Bag for wet and dirty clothes
- Small rucksack with packed lunch for the Monday
- Insect Repellent
- Indoor Games and Reading Book
- Purse with loose change £15 maximum for tuck shop

#### Brand new, expensive clothes should not be brought.

Old, casual and easily washable clothes are highly recommended.

Jeans are impractical as they provide no warmth when wet and are difficult to dry.