

Kit List for Bird Oswald Overnight Visit

Packed Lunch

Sturdy Footwear or Walking Boots (not new – they must be comfortable)

Wellingtons

Warm Coat/Waterproof Coat

Hat & Gloves

Warm Trousers for both days (not jeans for during the day please)

Tops/T-Shirts

Hoodies/Sweatshirts

(It will probably be muddy on the walk. Please do not bring new/expensive clothing & footwear)

Casual clothes for the evening to change into after the day's activities

Pyjamas, Slippers, Toiletry Bag, Hand Towel and Bath Towel

Torch

Book

Teddy Bear

Any medicines to be given to the staff prior to departure.

Maximum of £10 spending money.

Please note – mobile phones and electronics are not allowed on any residentialials.

*Please note, the children should come dressed in their clothes ready for the walk.

Footwear can be changed on arrival at the site. The walk will be muddy.

For the workshops on Day Two, wellingtons or strong trainers can be worn. Again, the site is muddy so please send appropriate footwear.

Itinerary for Bird Oswald Roman Overnight Visit

Day One

Arrive at school for normal time – children will meet in the Junior Hall

- 9.30 a.m. Bus leaves school
- 11 a.m. Arrive at Bird Oswald Roman Fort
- 11-12 Tour of the site, room allocation, unpack belongings, health & safety talk
- 12 p.m. Lunch in the Dining Room
- 1 p.m. Walk along the Roman Wall
- 5.30 p.m. Tea in the Dining Room
- 6.00 p.m. Arrival of the Rufus Aelius Victor – the Roman Soldier – for Victor the Veteran Session
- 9 p.m. Hot Chocolate & Bed Time

Day Two

- 8 a.m. Breakfast
- 9 a.m. Tour of the Roman Fort by English Heritage Staff
- 11 a.m. Helmet Making Workshop
- 12.45 p.m. Lunch in the Dining Room
- 1.30 p.m. Visit to the Small Gift Shop
- 2.15 p.m. Leave to return to school